



ADHD Documentation & Review Policy

ADHD Stimulant Policy

Students must have documentation in order to receive a stimulant prescription for Attention-Deficit/Hyperactivity Disorder (ADHD) from Counseling and Psychiatric Services.

Documentation must include:

- Psychological testing (usually completed by a psychologist) above and beyond screening measures or a clinical interview. **Progress notes from a physician or psychiatrist typically do not qualify.**
- Testing must include multiple measures, one of which must be an objective test that measures the cognitive performance of the student.
- A listed diagnosis of ADHD.
- If the student was younger than 16 when documentation was completed, documentation must also demonstrate ongoing treatment (e.g., treatment notes).

The Review Process

The student's documentation must be reviewed by a licensed staff member to ensure it meets the above criteria before the student can schedule an appointment for treatment.

Please note the following information on the review process:

- **Drop in:** All reviews must be initiated by a drop-in appointment at CAPS. Please come to CAPS for a drop-in appointment before completing this consent form.
- **Cost:** ADHD documentation reviews require the time of a licensed professional to read and evaluate documentation which will incur a fee up to \$10 (covered by the CU Anthem Gold Student Health Insurance Plan) which will be charged regardless of the outcome.
- **Timeframe:** The review process can take a minimum of two weeks so we recommend starting this process well in advance of needed treatment. Reviews can be delayed if documentation is incomplete and further information is requested.
- **Results:** After the review process is completed, students will receive a secure message to their colorado.edu email account from Counseling and Psychiatric Services notifying them of the outcome.

Students are welcome to contact Counseling and Psychiatric Services with questions or to request the status of their review by calling 303-492-2277.