

CAREER DECISION-MAKING

SELF ASSESSMENT

Interests, Values, Skills,
Personality Traits,
Strengths, Work History,
Family Influence,
Personal Constraints

JOB SELECTION or REFINEMENT

- * Job Interviews and * Job Selection or
- *Pursue degree/training or
- * Current Job Realignment

IDENTIFYING AND EXPLORING OPTIONS

* Research
*Informational Interviews
*Experience: Volunteer,
Job Shadow

IMPLEMENTING THE PLAN

GOAL-SETTING AND PLANNING

*Select career/job goal *Develop an action plan