



# Academic Skills

UNIVERSITY OF COLORADO BOULDER

## **Buff up your Skills!**

**CU Academic Skills:  
Free Workshops & Individual Consultations  
for ALL CU STUDENTS**

**Enjoy learning. Get better grades.  
Keep in touch with your goals.**

**Topics Covered:**  
Study Skills  
Reading Comprehension  
Writing  
Learning Efficiently  
Note Taking  
Time Management

**Organization**  
Test Taking Skills  
Test Preparation  
Stress Management  
Avoid Procrastination  
Active Learning  
and MORE!

## **Also...Use the Tutor Locator**

**Need to hire a tutor? Look at the list and pick one that is right for you:**

**<https://masala.colorado.edu/tutorlocator/home.php>**

**Tutors listed on the bulletin board are not CU employees. Students and professional tutors are there to help you. Pay rates may vary.**

Academic Skills and Coaching  
Student Academic Success Center, Fleming 190, 303-492-8761  
<http://www.colorado.edu/sasc/tutoring>, [tutors@colorado.edu](mailto:tutors@colorado.edu)  
<http://www.colorado.edu/sasc/workshops>, [skills@colorado.edu](mailto:skills@colorado.edu)